

# Cognitive training center and mental health promotion for aging

[rita.valadas@scml.pt](mailto:rita.valadas@scml.pt)

[filomena.gerardo@scml.pt](mailto:filomena.gerardo@scml.pt)

## Who We Are

**Santa Casa Misericordia de Lisboa** operates according to a humanitarian goal, through a social intervention that includes, health services, medical care, education and culture as well as the promotion of quality of life, particularly for those most in need of protection. SCML is a social laboratory in the city of Lisbon.

***Regarding support services for the elderly, SCML provides:***

- ***26 Day centers with 1842 end users;***
- ***14 Home support services with 3557 end-users;***
- ***13 Retirement home with 708 end-users;***
- ***7 Assisted living residences with 152 end users.***

*(source : SCML 2015)*

## Project idea

Built a support structure with the possibility of training for formal (technical) and informal (family, neighbors and others) caregivers – cognitive training center and mental health promotion for aging

## Looking for

The SCML constitutes a social lab and we have great interest to participate in new ways of knowledge acquisition to help us take better care of the population that benefit from our services, but also informal caregivers and professionals.  
We are looking for a partner who would like to test new ideas in end-users.